



PROTECTING OUR ENVIRONMENT STARTS  
AT HOME.

5 STEPS YOU CAN TAKE TO REDUCE AIR POLLUTION.

ENERGY STAR® Action Guide



ENERGY STAR



## Change five lights

Change a light and you help change the world. Replace your five most frequently used lights, or the bulbs in them, with ones that have earned the ENERGY STAR, and you'll use less energy, which means less pollution from power plants. If every household did this, together we'd prevent more than one trillion pounds of greenhouse gases.



## ENERGY STAR Products How many are in your home?

- Compact Fluorescent Light Bulbs
- Table & Floor Lamps
- Indoor Light Fixtures
- Outdoor Light Fixtures
- Ceiling Fans
- TVs
- DVD Players
- Home Audio Systems
- Cordless Phones
- Clothes Washers
- Refrigerators
- Dishwashers
- Dehumidifiers
- Water Coolers
- Central AC & Room AC
- Furnaces & Boilers
- Thermostats
- Ventilating Fans
- Windows
- Computers & Monitors
- Printers
- Copiers
- Scanners
- Fax Machines



## Look for products that have earned the ENERGY STAR

Ask for us by name. You'll get the features and performance you want AND help reduce air pollution. Look for ENERGY STAR qualified products in more than 40 product categories, including lighting, home electronics, heating and cooling equipment, and appliances. If you are building or buying a new home, ask about ENERGY STAR—we qualify those too.



## Heat and cool smartly

Improve the performance of your heating and cooling system. Have it serviced annually by a licensed contractor, and remember to clean or replace air filters regularly. To avoid heating or cooling an empty house, use an ENERGY STAR qualified programmable thermostat. And when it's time to replace old equipment, choose an ENERGY STAR qualified model, and make sure it's sized and installed properly. If just one household in 10 did this, the change would prevent more than 17 billion pounds of greenhouse gases.





## Seal up your home

Drafty windows and doors, cold walls or ceilings, and high energy bills are all symptoms of air leaks (usually in the attic and basement) and poor insulation. Seal air leaks, add insulation, and choose ENERGY STAR qualified windows when replacing old windows. That way you'll improve the comfort and durability of your home, save energy and help protect the environment.



## Tell family and friends

Slip it into a conversation with your mother. Talk about it at a neighbor's barbecue. Pass it on at a PTA meeting or at work. We're asking you to help spread the word that energy efficiency is good for your home and good for our environment. Already Americans have purchased one billion ENERGY STAR qualified products and last year alone reduced greenhouse gas emissions equivalent to taking 18 million cars off the road. But we still have a long way to go. Tell five people and together we can help our homes help us all.

## **ENERGY STAR** **It's a good sign.**

The ENERGY STAR program is a voluntary partnership between consumers, their families and many of the most respected brand names. All of us are working together to achieve a common goal: to protect the environment for future generations by changing to more energy-efficient practices now. Since the fossil fuel-based energy used in a typical home can cause twice as many greenhouse gases as the average car, the U.S. Environmental Protection Agency encourages homeowners to make their homes more energy efficient. The government awards the ENERGY STAR to those products, companies, homes and services that meet specifications established by the EPA and the Department of Energy. It's our future. Together, we can make a change for the better.



# 5 STEPS YOU CAN TAKE TO REDUCE AIR POLLUTION

1. Change five lights
2. Look for products that have earned the ENERGY STAR
3. Heat and cool smartly
4. Seal up your home
5. Tell family and friends

To learn more about what you can do,  
visit us at [energystar.gov](https://energystar.gov) or call **1-888-STAR-YES**.

